

# ATTENTION: LOCAL 810 MEMBERS

## NEW LONG ISLAND LOCATION FOR OUR MEMBERS

### FREE Preventive Screening Benefit for Members & Spouses

**A 45 MINUTE SCREEN COULD SAVE YOUR LIFE**

#### THE SCREENING BENEFIT

The preventive screening program is a simple, painless, non-invasive, ultrasound assessment that can evaluate your risk for early stages of heart disease, carotid disease (stroke), thyroid cancer (nodules), peripheral arterial disease (early diabetes and hypertension) and Abdominal Aortic Aneurysm (AAA).

#### Abdominal Aortic Aneurysm (AAA) Screening

An abdominal aortic aneurysm ultrasound is a painless screening that can detect AAA, which is vital since most patients do not show symptoms. This test identifies enlarged abdominal aorta, which may suggest the presence of an aneurysm. A ruptured AAA can cause blood loss, shock, and possible death.

#### Echocardiogram or ECHO

An echocardiogram is a test that uses sound waves (no radiation exposure) to create a moving picture of the heart. It shows the function, size, shape, and movement of the heart muscle. This test can also show how the heart valves are working and how blood is flowing through your heart, evaluating the pumping action of the heart. **#1 Disease for men and women is heart disease.**

#### Carotid Doppler

The major goal of carotid ultrasound is to screen patients for blockage or narrowing of their carotid arteries, which if present may increase their risk of having a stroke. **#3 Disease for men and women on average, one American dies from a stroke every 4 minutes.**

#### Ankle-Brachial Index (ABI)

ABI is a simple, reliable means for diagnosing PAD (Peripheral arterial disease). Individuals with a high Ankle-brachial index are three to five times more likely to be at risk of heart attacks. **Identifies hypertension - 67 million American adults (31%) have high blood pressure, 1 in every 3 American adults.**

#### Thyroid Ultrasound

This test uses sound waves to determine if a nodule is solid or a fluid-filled cyst. (The risk of cancer is higher in solid nodules). This test also monitors the growth of nodules, and it helps find nodules that are difficult to feel. **National data- thyroid cancer fastest increasing cancer in the US. It can NOT be detected in blood work.**

**CALL HEARTSCAN SERVICES TO SCHEDULE YOUR APPOINTMENT 1-866-518-1112**

**3000 Hempstead Tpk- - 4<sup>th</sup> floor Suite 417-Levittown NY**

*"We forget that waking up each day is the first thing we should be grateful for... get screened."*